

Extend Your Vision!

INSTRUCTIONS

- Start with the current year, brainstorm your answers
- Go to Extended Vision – Future State – One Year out, brainstorm your answers.
- Go to What are Interim Signs You are on Your Way?, brainstorm your answers.
- Set aside an hour a month to return to your work and renew it. Make an decision as what you will hold constant, and what you will change.

Current Year: Where are you now?	What are Interim Signs You are On Your Way?	Extended Vision - Future State - One Year Out?
<p>What are some of the facts of the current year? (home, age of you and your loved ones, family makeup, job)</p> <p>What are 3-5 most essential focus areas in your life and vocation? (family, job, community, wellness, etc.)</p> <p>In these essential areas, where are you fulfilled, and where are you looking for a shift?</p>	<p>What might you see in 3 months?</p> <p>What might you see in 6 months?</p> <p>What might you see in 9 months?</p>	<p>What are some of the “facts” you foresee then? (age of you and your loved ones, other measurables?)</p> <p>In your 3-5 most essential areas: What would your ideal look like? What about your worst-case scenario? Your most likely scenario?</p> <p>What is the future you will declare, looking at the possibilities?</p>